Avocado and Tuna Salad Sandwich

Serves 4

Ingredients

2 cans (170 g each) tuna, drained
3 green onions, thinly sliced
4 tbsp. (60 ml) mayonnaise (homemade or store-bought)
4 poppyseed buns, cut in half length-wise
Flesh of one avocado, sliced
8 tomato slices
8 leaves of lettuce

Preparation

1. In a bowl, mix the tuna with the green onions and mayonnaise. Add salt and pepper to taste.
2. On a clean surface, spread the tuna mixture on the bread and garnish with sliced avocado, sliced tomato and lettuce. Serve with pickles if desired.