Avocado Matcha Smoothie



Serves 1

Ingredients

1 cup coconut milk
½ cup water
1 cup spinach
½ avocado
1 granny smith apple
1 tablespoon matcha
1 tablespoon maple syrup
1 scoop vegan protein powder

Preparation

1. Add all ingredients to a high powdered blender and blend until smooth.
2. Pour into your favourite smoothie glass and enjoy!

Credit

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