

Avocado Matcha Smoothie



Ingredients

- 1 cup coconut milk
- ½ cup water
- 1 cup spinach
- ½ avocado
- 1 granny smith apple
- 1 tablespoon matcha
- 1 tablespoon maple syrup
- 1 scoop vegan protein powder

Serves 1

Preparation

1. Add all ingredients to a high powdered blender and blend until smooth.
2. Pour into your favourite smoothie glass and enjoy!

Credit

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