Creamy Avocado Coleslaw



Serves 4

Ingredients

1 clove of garlic, minced
Juice of 1 lime
2 tbsp. (30 ml) of seasoned rice vinegar
1 tsp. (5 ml) sugar
¼ cup (60 ml) mayonnaise (homemade or store-bought)
½ Napa cabbage, finely chopped
2-3 carrots, julienned
1 zucchini, julienned
¼ cup (60 ml) fresh parsley, chopped
4 green onions, thinly sliced
Flesh of 2 avocados, cubed

Preparation

1. In a small bowl, use a whisk to mix the garlic with the lime juice, rice vinegar, sugar and mayonnaise. Set aside.
2. In a large bowl, mix all remaining ingredients with the vinaigrette. Serve.