Yogurt with Avocado, Pomegranate and Granola

Serves 4

Ingredients

500 ml (2 cups) Greek style plain yogurt

The flesh of two small ripe avocados, cut into pieces

180 ml of your favourite granola mix

¼ cup maple syrup

¼ cup pomegranate seeds

Preparation

1. Mix the yogurt and avocados in a blender.
2. Pour into bowls and garnish with granola, maple syrup and pomegranate seeds.

Credit

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